

No 73.

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Pap. & March 15th 1826

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AN
ESSAY

ON

The effects of drinking cold water when the system is heated?

BY

George Augustus Sykes

1782

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1782

Inaugural Dissertation,

ON

The effects of drinking cold water when the system is heated?

Submitted

*To the examination of the*Res^d Frederick Beasley, D.D. Prodest,*The Trustees,**and Medical Faculty of the University of Pennsylvania,*

FOR

The degree of Doctor of Medicine.

BY

George Augustus Spies.

OF VIRGINIA.

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The mortality arising from drinking cold water in our summer months has been so alarming as to render it highly necessary that every one who engages in the practice of medicine should be familiar both with the nature of the disease and mode of cure - It is on this account that I have selected it as a subject for an inaugural dissertation; not, however, as might be presumed to give, but to elicit information. -

This cause occupies a station amongst the outlets of the human family, to which they have ever been liable from the creation of man to the present time; and doubtless during this long period, innumerable cases have occurred, yet in looking over the records of medicine we are surprised to see how little has been written on this when compared with other diseases of far less consequence. - A remarka-

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ble example of the ravages of its effects is re-
 lated by the historians to have occurred to the ar-
 my of Alexander the Great in pursuit of Por-
 us through the desert of Lybiana; a greater
 number of his troops were destroyed on arriving
 at the River ^{Araby} ~~Poros~~ by drinking plentifully of wa-
 ter, than in any of his battles. *Est qui inter-
 perantius hauserant intercluso spiritu extenuati
 sunt; multoque major hominum numerus fuit,
 quam illo amiserat porus.* Quint. Curt. lib. vi.
 cap. 8. — History affords no other examples; a simi-
 lar one is related by Appian — *Appianus Alex-
 andrinus de bellis civilibus, lib. 5. tradidit Co-
 nsepianus milites a Pompeianis pugna fatiga-
 tos et estuantes fontanarum aquam aride bibentes,
 in plurimos emortuos.* — Another disaster of the
 kind befell the Christian army in the holy
 wars. *Guidelmus Tyrius, lib. iii. cap. 16. scribit, 'thin-
 tum aquam Bediam, ingrepu, regionem*

Each of the water frequently to one by faint rain after order does not as a whole to consider was the in voyage in nature to know of it were

moritur et ingrossum, tandem invenit fluvium,
unde bibere; quod quidem, qui tagrus aquam
frigida inungitauerunt, satis discrimen ex-
ant, moritur in aquarum opulentia reper-
it. — Such extensive destruction from drinking
cold water as the above instances, does not
frequently occur, nevertheless, solitary cases
of it are by no means uncommon, and are
sufficient inducements to lead us into an
inquiry after the disease. — It appears that the
disorder does not so frequently occur in En-
gland as in this Country. Dr. Currie in his
Medical reports observes that in his experience
this sudden death has occurred once only —
It was the case of a young man who had
been engaged a long time in a most se-
vere match at Fives. After it was over, he
sat down on the ground panting for breath,
and covered with profuse perspiration.

[Faint, illegible handwriting on the left page]

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[illegible]



The temperature of the air is 70° at 10 A.M. and 75° at 1 P.M. The wind is from the north at 10 A.M. and from the south at 1 P.M. The humidity is 60% at 10 A.M. and 70% at 1 P.M. The barometer is 30.0 at 10 A.M. and 30.1 at 1 P.M. The moon is in the 1st quarter and is 1/2 full. The stars are visible in the night sky. The clouds are light and wispy. The sun is shining brightly. The weather is pleasant.



[illegible]



[illegible]



[illegible]



[illegible]



I have been thinking of you very much lately, and
 wondering how you are getting on. I hope you
 are well and happy. I have been very busy
 lately, but I have managed to find some time
 to write you. I have been thinking of you
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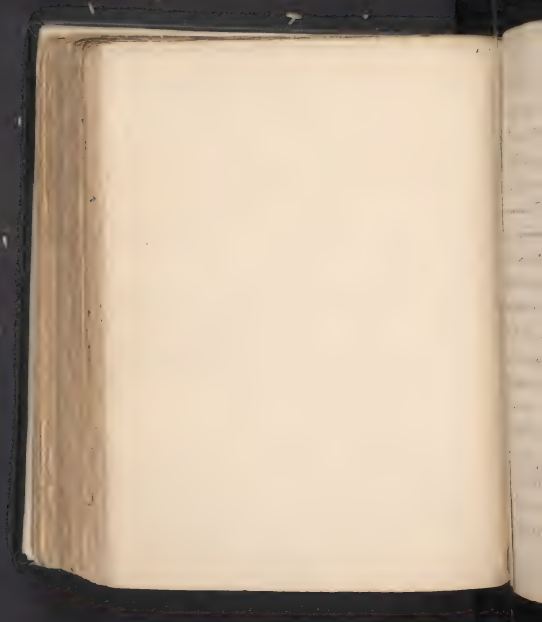


[illegible]



The first thing I noticed when I stepped
 out of the car was the cold. The air was
 biting, and the wind was howling. I shivered
 as I walked towards the entrance of the
 building. The door was open, and I
 stepped inside. The interior was warm,
 but the atmosphere was tense. I
 looked around, trying to find a familiar
 face. No one seemed to know me.
 I was alone. I felt like a stranger in a
 strange land. The silence was
 deafening. I wanted to scream, but
 I knew that would only make things
 worse. I stood there, frozen, as the
 minutes passed. The door closed behind
 me, and I was trapped. I was alone.

The first thing I noticed when I stepped
out of the car was the cold air. It felt like a blanket.
The sun was shining brightly, but it didn't feel warm.
I looked up at the sky and saw a few clouds.
They were white and fluffy, like cotton candy.



[illegible]





I have been thinking of you very much lately,
 and wondering how you are getting on.
 I hope you are well and happy.
 I have been very busy lately,
 but I have managed to find some time
 to write you a few lines.
 I hope you will find them interesting.
 I have been thinking of you very much lately,
 and wondering how you are getting on.
 I hope you are well and happy.
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the most common of the diseases of the
lungs is the inflammation of the
lungs, which is attended with a
cough, and a discharge of
pus from the lungs, and is
attended with a fever, and
sometimes with a
hemorrhage from the
lungs. The disease is
attended with a
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sometimes with a
hemorrhage from the
lungs.







[illegible]





[illegible]



[illegible]



a few moments previous to swallowing it. —
 I have now, my worthy preceptor, concluded my essay,
 of whose I am fully aware, but impressed with
 the importance of the subject, I cheerfully
 admit, "as imperfect as it is, to your perusal, con-
 vince that you will bestow on it whatever mer-
 it or demerit it deserves, I trust, however,
 it may not be deemed altogether useless.

The first of these is the
fact that the number of
the population of the
country has increased
very rapidly since the
beginning of the century.
This is due to a number
of causes, but the most
important is the fact
that the birth rate is
higher than the death
rate.

January 1882

February 1882

March 1882

April 1882

May 1882

June 1882

July 1882

August 1882

September 1882

October 1882

November 1882

December 1882

Inauguration

Vacation

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Ph...

Submitte

Trust

Univer